

Code Name Insight Monthly Task List—January

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- ___ 1) Write a dozen goals that you will complete this year, one for each month.
- ___ 2) Begin a daily exercise program, even if you only walk around the block.
- ___ 3) Sign up for a course (local college or online) that will increase your work skills.
- ___ 4) Get or renew, if needed, your concealed carry permit if this is legal in your state.
- ___ 5) Review all of your bills and look for ways to decrease or eliminate them.
- ___ 6) Start a savings account and add to it every day.
- ___ 7) Schedule a complete medical, dental, hearing and vision check up.
- ___ 8) Change all of your online passwords.
- ___ 9) Put \$200 cash in your wallet and only use it in case of emergency.
- ___ 10) Plan your spring/summer/fall garden and order seeds.
- ___ 11) Participate in a regular shooting program (IPSC, skeet, etc.).
- ___ 12) Update your resume.
- ___ 13) Get or renew your passport.
- ___ 14) Get organized with a PDA or calendar system.
- ___ 15) Spend a few hours in a public place observing people.
- ___ 16) Work your emergency food supplies into your regular pantry and restock.
- ___ 17) Take a winter camping or backpacking trip.
- ___ 18) Practice various ways to escape from your home in an emergency.
- ___ 19) Thoroughly clean your house then donate/garage sale the stuff you don't need.
- ___ 20) Plan your summer vacation; preferably where you will learn additional survival skills.
- ___ 21) Make appointments for spring services (chimney clean, furnace tune up, etc.).
- ___ 22) Make your home safer—fix loose stairs or handrails, put a non-skid surface on tubs, etc.
- ___ 23) Make sure your smoke detectors, CO2 detectors and fire extinguisher all work.
- ___ 24) Review your home preparedness library and add a few more useful books.
- ___ 25) Make a plan to increase your income by 25% this year.
- ___ 26) Watch the latest action thriller and list at least five real-world tips you learn.
- ___ 27) Make \$100 today. Consider Ebay, a garage sale, selling your skills, etc.
- ___ 28) Write up your communications plan info and give a copy to each family member.
- ___ 29) Start your home cash stash with a \$100 in \$1 bills and \$500 in \$20s.
- ___ 30) Step out of your element and go somewhere you would not normally frequent.
- ___ 31) Review the contents of your Bug Out Bag and re-supply/replenish if necessary.