

## Code Name Insight's "Are You Prepared" Survey

- 1) \_\_\_ I have a home Bug Out Bag
- 2) \_\_\_ I have a car Bug Out Bag
- 3) \_\_\_ I have adequate survival supplies at work
- 4) \_\_\_ I am well-versed in hand to hand combat
- 5) \_\_\_ I am well versed in firearms use
- 6) \_\_\_ I have a concealed carry license
- 7) \_\_\_ I have a valid passport
- 8) \_\_\_ My home has a security system
- 9) \_\_\_ My home is hazard-free
- 10) \_\_\_ The exterior and perimeter of my home is organized and secure
- 11) \_\_\_ I have a written communications plan
- 12) \_\_\_ I can walk five miles or more if necessary
- 13) \_\_\_ I have alternate forms of transportation (bike, etc)
- 14) \_\_\_ I have a six month supply of food in my home
- 15) \_\_\_ I have multiple sources of emergency water
- 16) \_\_\_ I have multiple ways to heat my home
- 17) \_\_\_ I have multiple plans for sanitation (cleaning, showering, toilet) in the event of an emergency
- 18) \_\_\_ I have a back-up generator
- 19) \_\_\_ I have an adequate supply of fuel (stored safely)
- 20) \_\_\_ I have a hidden safe in my home
- 21) \_\_\_ I have \$1000 emergency cash in my home
- 22) \_\_\_ I have a six month emergency fund
- 23) \_\_\_ I have experience backpacking/camping
- 24) \_\_\_ I have basic plumbing skills
- 25) \_\_\_ I have basic carpentry skills
- 26) \_\_\_ I have basic electrician skills
- 27) \_\_\_ I have no warrants/outstanding judgments
- 28) \_\_\_ I am totally debt free
- 29) \_\_\_ I have multiple sources of income
- 30) \_\_\_ I have a range of food preservation skills
- 31) \_\_\_ I know how to grow my own food
- 32) \_\_\_ I know how to hunt/fish for my own food
- 33) \_\_\_ I know how to cook
- 34) \_\_\_ I have an adequate selection of tools and supplies in my home
- 35) \_\_\_ I have a complete fire safety plan for my home
- 36) \_\_\_ I have a wide range of medical skills
- 37) \_\_\_ I have a complete first aid kit
- 38) \_\_\_ I can lock down my home in a matter of minutes

- 39) \_\_\_ I could permanently evacuate my home in minutes
- 40) \_\_\_ I am well aware of possible natural disasters in my area
- 41) \_\_\_ I can decontaminate myself in the event of a CBRNE incident
- 42) \_\_\_ I have tactical driving skills
- 43) \_\_\_ I know how to gather and preserve evidence
- 44) \_\_\_ I am always aware of my environment
- 45) \_\_\_ I can use a map, compass, and GPS device
- 46) \_\_\_ I have experience traveling in foreign countries
- 47) \_\_\_ I can drive standard and automatic cars/trucks/larger vehicles
- 48) \_\_\_ I can ride a motorcycle
- 49) \_\_\_ I can pilot a boat/canoe/kayak
- 50) \_\_\_ I can fly a plane
- 51) \_\_\_ I can swim
- 52) \_\_\_ I can scuba dive
- 53) \_\_\_ I know how to file a report and document incidents
- 54) \_\_\_ I practice to keep my memory sharp
- 55) \_\_\_ I change all of my passwords at least quarterly
- 56) \_\_\_ I back up all of my important files at least monthly
- 57) \_\_\_ I exercise, eat healthy, and pay attention to my health
- 58) \_\_\_ All of my estate information is in order
- 59) \_\_\_ I have life, health, auto, home, and disability insurance
- 60) \_\_\_ I can improvise a variety of shelters
- 61) \_\_\_ I can operate various modes of communications (HAM radio, 2-way radio, cell phone, etc)
- 62) \_\_\_ I get my news from a variety of sources
- 63) \_\_\_ I have basic emergency supplies at home (flashlights, batteries, radio, eye protection, etc)
- 64) \_\_\_ I have adequate supplies to clean up after a disaster
- 65) \_\_\_ I can shelter in place at home for weeks (pay bills online, tele-commute, etc)
- 66) \_\_\_ I have escape and evasion skills
- 67) \_\_\_ I have surveillance and reconnaissance skills
- 68) \_\_\_ I have adequately planned for all family members including those with special needs
- 69) \_\_\_ I have my daily carry supplies with me always
- 70) \_\_\_ All of my vaccinations are up-to-date and documented
- 71) \_\_\_ I have the skills/equipment to travel at night
- 72) \_\_\_ I have PPEs, masks, etc. on hand for my protection
- 73) \_\_\_ I have basic car repair skills
- 74) \_\_\_ I am well versed in the use of technology (computers, iPods, DVRs et al)
- 75) \_\_\_ I have practiced dead drops/live drops/ and other ways to share information
- 76) \_\_\_ My family is well supplied and well trained for disaster/survival situations
- 77) \_\_\_ I am continually improving my skills and seeking more education
- 78) \_\_\_ I volunteer with organizations that help me learn more (Search and Rescue, Red Cross)
- 79) \_\_\_ I live a low-profile life
- 80) \_\_\_ My business/work place has a comprehensive disaster/recovery plan

- 81) \_\_\_ I have planned for multiple bug out locations
- 82) \_\_\_ I have a survival/preparedness library with actual books (not only online info)
- 83) \_\_\_ I use a cross-cut shredder to destroy all unneeded personal papers
- 84) \_\_\_ I have a reinforced, well-supplied "safe room" in my home
- 85) \_\_\_ I am not so tied to any of my possessions that I can't just walk away from them
- 86) \_\_\_ I almost always pay cash for everything I buy
- 87) \_\_\_ My vehicle is optimized for safety and security
- 88) \_\_\_ I check my credit report annually and quickly correct mistakes
- 89) \_\_\_ I have a ghost address
- 90) \_\_\_ I am knowledgeable in the art and skill of using wild edibles for food and medicine
- 91) \_\_\_ I am familiar with my community disaster preps (shelter locations, sirens, etc)
- 92) \_\_\_ I know how to track and find people and animals
- 93) \_\_\_ I am fluent in a foreign language (or two...or three)
- 94) \_\_\_ I am skilled in a wide variety of sports and physical activities
- 95) \_\_\_ I have a few people that I can trust with my life
- 96) \_\_\_ I have a range of trusted advisors (doctor, lawyer, estate planner, mechanic, etc)
- 97) \_\_\_ I have a secret cache of emergency supplies
- 98) \_\_\_ I have a range of "homeless" skills (dumpster diving, hiding my shelter, etc)
- 99) \_\_\_ I consider "what if" scenarios at least a half dozen times a day
- 100) \_\_\_ I regularly set preparedness/survival type goals and complete these goals