

Code Name Insight 31 Day Triple-Redundant Survival Plan

**Disclaimer: The information provided on this page is for informational purposes only. Use common sense when following any of the suggestions listed. The editors and publishers of this site assume absolutely no responsibility for any actions resulting from the misapplication of information provided by this website.*

This month we will focus on creating a triple-redundant survival plan in each of thirty one important areas.

31 Day Triple-Redundant Survival Plan

Day/Topic	Standard (conditions normal)	Emergency (disruption of services for one to two weeks)	Long Term Crisis (disruption of services for two or more weeks)
1—Water 1—Your water plan	Water from community water system; use of basic purification system	Stored water; water barrel; water purification tablets; backpacking type water filter	Private well; local creek/river; purify water with chemicals or boiling
2—Shelter 2—Your shelter plan	House; regular maintenance	House; backpacking/camping tent; cabin; RV	House; cabin; relatives; RV
3—Food 3—Your food plan	Weekly shopping; garden; stored food	Garden; stored food	Garden; stored food; MREs
4—Communications 4—Your communications plan	Cell phone; home phone; email; list of emergency contacts	Two way radio; HAM radio	HAM radio; satellite phone
5—Electricity 5—Your electricity plan	Electricity from electric company	Portable generator; mini solar charger for small items	Portable generator; solar electric system for home

6—Information 6—Your information plan	TV; radio; internet; newspaper	Battery operated TV; battery operated radio	Hand crank radio
7—Garbage 7—Your garbage plan	Garbage company pick up; recycling; compost food scraps	Compost; burn; bag and deliver to dump	Compost; burn; bury
8—Transportation 8—Your transportation plan	Car; walk; bicycle; motorcycle	Motorcycle; walk; bicycle	Bicycle; walk
9—Lighting 9—Your lighting plan	Electric lights	Flashlights with extra batteries; lanterns	Candles
10—Heating 10—Your heating plan	Gas furnace; fireplace	Wood stove; stored wood	Wood stove; solar heating
11—Medical/health 11—Your medical/health plan	Adequate sleep; exercise; vitamins; healthy food; updated vaccinations; basic first aid kit; one month supply of medications	EMT training; advanced first aid kit; basic medical library	Paramedic training; stockpile of drugs and medications
12—Money 12—Your money plan	\$200 cash in wallet; ATM card; credit card	\$1000 cash stored in a safe at home; barter/trade	Barter/trade; gold; funds in foreign banks
13—Security/protection	Concealed carry handgun; home security system; martial arts	Reloading equipment; mace; tazer	Perimeter security plan; security team

13—Your security/protection plan	training		
14—Sleeping	Bed	Bed; sleeping bag	Bed; sleeping bag; RV/cabin beds
14—Your sleeping plan			
15—Waste sanitation	Bathroom/sink	River water to flush toilet; plastic garbage bags and a 5 gallon pail; wet wipes	Composing toilet; outhouse; wet wipes; boiled water
15—Your waste sanitation plan			
16—Bathing	Shower	Sponge bath; wet wipes; boiled water tub bath	Solar shower; boiled water tub bath
16—Your bathing plan			
17—Evacuation	From home to office or friends/relatives home in same city	Drive or fly to friends/relatives home in nearby state	Drive or fly to friends/relatives home in far state or other country
17—Your evacuation plan			
18—Special needs (babies, elderly, ill)	Supplies (baby/senior diapers, medicines, oxygen) bought as needed	Stockpiled supplies of baby/senior diapers, medications and oxygen	Cloth diapers; stockpiled/alternate source of medication and oxygen
18—Your special needs plan			
19—Daily carry	Mini survival pack (knife, lighter, floss, needle, aspirin, handi wipe, bandaid, calling card, etc)	Include backpack, machete, Ziploc and large plastic bags	Include compass; flint and steel
19—Your daily carry plan			
20—Clothing/laundry	Durable clothing and shoes;	Additional warm clothing; wear	Hand wash and hang to dry

20—Your clothing/laundry plan	washing machine and dryer	clothing more than once; hand wash and hang to dry	
21—Gas/oil/fuel	Bought as needed from gas stations and natural gas company	Stockpile of gas, kerosene and fire wood	Stockpile/source of fire wood; less reliance on gas and kerosene
21—Your gas/oil/fuel plan			
22—Work	Work from office and home	Work from home; work online; take time off from work	Revamp business plan to adjust for changing conditions
22—Your work plan			
23—Isolation/quarantine	Stay at home as needed (ie: illness)	Stay at home; rely on stockpile of supplies; isolate the ill	Advanced quarantine steps (rooms of home wrapped in visqueen and duct tape; PPEs; special air filtration systems)
23—Your isolation/quarantine plan			
24—Bills/financial plan	Paid on a monthly basis; no credit debts	Pay bills in advance; contact creditors for extension	Re-evaluate financial plan; review current insurance plans for assistance; use savings
24—Your bills/financial plan			
25—Entertainment	Variety (restaurants, movies, social activities)	Supply of board games, cards, movies and DVDs	Supply of board games and cards. Old-time entertainment (whittling, knitting, etc).
25—Your entertainment plan			
26—Continuing education	Take classes as available; books from library	Complete in-home/on PDA survival library; practice/share info with survival team	Survival library; practice/share info with survival team; document activities for after action report and to share

26—Your continuing education plan			lessons learned
27—Helping others	Volunteer as needed with a variety of organizations	Help neighbors and relatives as needed; survival team	Help neighbors and relatives as possible; survival team
27—Your helping others plan			
28—Tools	Basic carpentry, auto, plumbing and electrical tools	Advanced stock of specialized tools	Complete workshop (welding, carpentry; auto mechanic, etc)
28—Your tools plan			
29—Travel	Travel as desired; passport on hand; visas as needed; up to date vaccinations	Review alternate forms of transportation; don't travel if possible	Depending on the situation possibly alternate travel documents; covert travel
29—Your travel plan			
30—Family survival plan	The basics—how to shut off utilities, how to escape during a fire, where to meet during a disaster	Advanced—practice skills for navigation, camping, personal protection	Extreme—assignment of duties to each family member; review of survival skills; actions immediately taken as situations develop
30—Your family survival plan			
31—Starting over	All important documents copied and stored in other locations; savings; BOB ready at a moments notice	Focus on portability of skills and ability to earn income; review alternate living locations if necessary	Totally starting from scratch—need food, clothing, shelter, work
31—Your starting over plan			